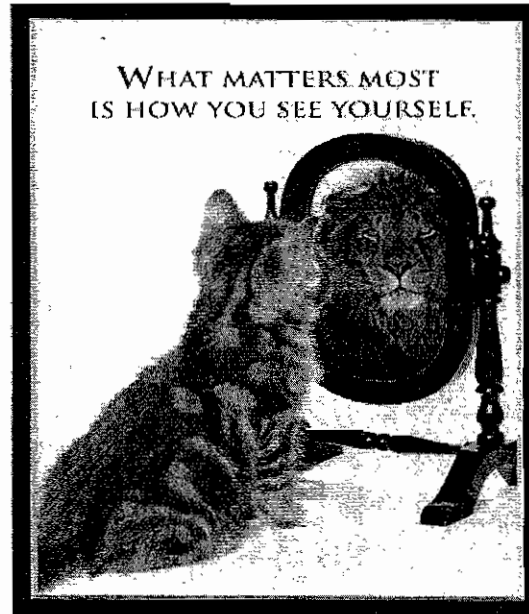


SELF ESTEEM



**ARE YOU A LION WHO FEELS LIKE A KITTEN? THEN
COME LEARN TECHNIQUES THAT WILL HELP YOU
BECOME THE LION THAT YOU ARE.**

WHERE: WELLNESS AND RECOVERY CENTER

3815 MARCONI AVE #1

SACRAMENTO, CA 95821

WHEN: WEDNESDAY AND FRIDAY 10AM

CONTACT: VALERIE AT (916)485-4175X114